


- Reasons for a Caution (Yellow Card)**
- Unsporting behavior
 - Dissent by word or action
 - Persistent infringement
 - Delays restart
 - Fails to respect required distance on corners and free kicks
 - Enters field w/o permission
 - Leaves field w/o permission
- Reasons for a Send-Off (Red Card)**
- Serious foul play
 - Violent conduct
 - Spits at any person
 - Denies obvious goal scoring opportunity by handling ball
 - Denies obvious goal scoring opportunity by fouling
 - Uses offensive, insulting, abusive language or gesture
 - A second caution in same game


- Direct, Free Kick Fouls**
- Kicks an opponent or attempt
 - Trips an opponent or attempt
 - Jumps, charges, strikes, pushes, tackles or holds an opponent
 - Handles ball deliberately
- Indirect, Free Kick Fouls**
- Spits at an opponent
 - Dangerous play
 - Impeding an opponent
 - Preventing the GK from releasing the ball into play
 - GK controls ball with hands from a throw-in or when kicked directly from teammate
 - GK exceeds 6 second possession
 - GK plays ball twice with hands
 - Stopping play for infringement
 - previously not mentioned.

Law 12: Fouls & Misconduct Simplified


Common Signals




Goal-Kick
Point to the goal.
Vocalize "Goal Kick"



Start
Vocalize "On my Whistle or On my Go".
A quick and loud whistle player with ball, arm extended, bend elbow, palm of hand towards your chin



Throw-In
Point in the direction of the throw.
Vocalize the color of the team making the throw



Corner
Point to the corner of the field that the kick is to be made.
Vocalize "Corner Kick"

**** Be Seen and Be Heard ****

Foul
Blow the whistle to stop play.
Point to the spot where the free kick is to be taken

Speak to the players if necessary
Vocalize the infraction and the color of the team that will take the free kick

Common Signals

- Match Check List**
- Stop Play and Set Half Timer (5-10min)
 - Speak to coaches about any unsafe/unsporting behavior
 - Speak to ARs and get feedback
- Half Time**
- Inspect pitch and Goals
 - U10, U12 & U14 Seek ARs
 - Player inspections
 - Set Expectations
 - Coin Toss
 - Set Clock/Timer
- First Half**
- Teams Ready & Kick Off with one long whistle
 - Enforce the Laws of the Game
 - Be vocal with your calls, you are teaching and refereeing
 - Give coaches a heads up prior to substitution break
 - When it's time for subs, blow the whistle when play stops, ie throw-in, goal kick or corner.
 - Sub break is only a minute or 2
 - Resume play after subs where play stopped.
- Second Half**
- Teams switch defending sides.
 - Teams Ready & Kick Off
 - Follow First Half Check List
 - Optional: Provide a 1min to end of game notice
 - At Final Time give three long, loud blasts of the whistle to indicate End of Game
- Post Game**
- Oversee team hand shakes
 - Thank Coaches
 - Feedback and thank ARs

Match Check List

- Pre-Game**
- Inspect pitch and Goals
 - U10, U12 & U14 Seek ARs
 - Player inspections
 - Set Expectations
 - Coin Toss
 - Set Clock/Timer
- First Half**
- Teams Ready & Kick Off with one long whistle
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Match Check List


Match Information

- Pre-Game Check List**
- Inspect field and goals for hazards
- Inspection of Uniform, Cleats or Sneakers and Shin Guards. No exposed hoodies. No Metal or Sharp Cleats, Jewelry, Earrings, Casts or Splints.
- Set expectations for physical play, throw-ins, keeper possession, taking a knee, subs & having fun with players and coaches!
- Call for captains and coin toss. Visitors call. Winner chooses to attack first or which side to defend first

Age Group	Ball Size	Team Size	Duration		
			Subs	Half	Game
U6	#3	4 v 4	8min	16min	32min
U8	#3	4 v 4	10min	20min	40min
U10	#4	7 v 7	12.5min	25min	50min
U12	#4	9 v 9	15min	30min	60min
U14	#5	11 v 11	17.5min	35min	70min

Match Information

	U6	U8	U10	U12	U14
Keeper/Goalie			X	X	X
Corner Kicks	X	X	X	X	X
Throw-Ins	X	X	X	X	X
Indirect Free Kicks	X	X	X	X	X
Direct Free Kicks			X	X	X
Offside			X	X	X
Build-Out Line	X	X	X		
Punting					X
Heading					X



LEWISBURG AYSO
Region 426 - Since 1984

Referee / Coach Pre-Game Card

21-March-18


Spirit of the Game and the Philosophy of Refereeing

"The laws of the Game are intended to provide that games should be played with as little interference as possible, and in this view it is the duty of the referees to penalize only deliberate breaches of the Law. Constant whistling for trifling and doubtful breaches produces bad feelings and loss of temper on the part of the players and spoils the pleasure of spectators."

The model set by the adults present (referees, coaches and spectators) at games influence the development and behavior of the young players watching. The referee team establishes the parameters of acceptable behavior and must be attentive to and deal appropriately with any adult behavior that does not present positive role modeling for youth. Law 5 and AYSO National Rules and Regulations provide this authority.

Remember....

In AYSO, it's about more than the game!



AYSO
Kids zone